

ADVENTURE OUTDOORS

WOMEN'S HUNTING & FISHING

SUMMER | ISSUE 23

+RELEASING
MUSKIES

ELK
HUNTING
BASICS

THE **LINDY** RIG

EFFECTIVE
WALLEYE
TECHNIQUE

**SPOT &
STALK**
ANTELOPE

DUTCH OVEN
COOKING



The Future
of Tournament Fishing

CATCH PHOTO VIDEO RELEASE®

Get the “FISHDONKEY” App & create or join a tournament!

~ Specific areas, lakes, states, nationwide, Canada ~

How It Works

Use our website to **HOST** and publicize your tournament.

Fishermen **JOIN** the tournament by using our app.

The mobile app is used to **RECORD** all fish.

Fish can be immediately released back to their natural environment.

You **VERIFY** the fish and announce the winners.



Host

Fishing Tournaments
Set your tournament up online in minutes. We help invite participants from our database, your website, and via email.



Join

Download the App
Your participants will join and pay online. Participant lists are managed automatically by the app, making it easy to see who has joined.



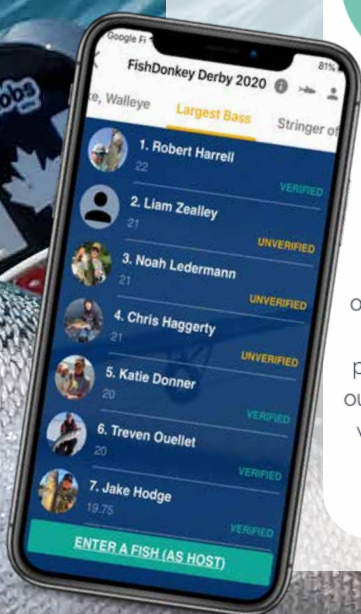
Record

Live Leaderboard
The app uses Catch Photo Video ReleaseTM to document catches and submit them for verification. The Leaderboard can be viewed throughout the day.



Verify

Authentication
Specialized technology helps authenticate fish, prevents cheating, and enforces tournament rules. The tournament director verifies leaderboard results.



**BETTER FOR FISH
PREVENTS CHEATING
WORKS WITHOUT INTERNET**

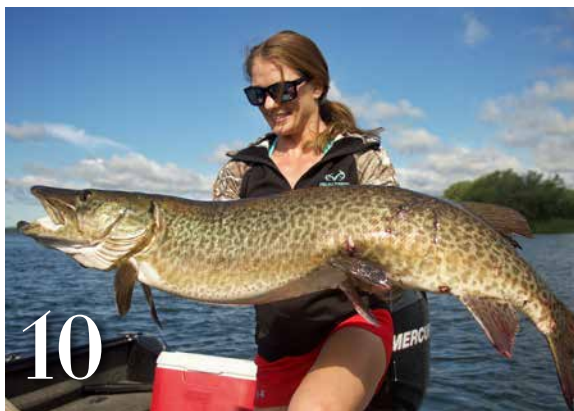
Learn More



ADVENTURESS

SUMMER | ISSUE 23

CONTENTS



8 Editor's Note

We can forgive because He forgives us

10 Fishing for Legends

An introduction to muskies and safely releasing
NIKKI BOXLER

20 Reader Photos - Musky Edition!

24 The Famous Lindy Rig

One of the most effective rigs for walleyes
YOUTH WRITER KHLOE THORSON

32 Spot & Stalk

Bowhunting out West for pronghorn antelope
AMANDA CALDWELL & ABBY ATOL

42 Elk Hunting Basics

Preparing for an epic journey to hunt elk
JANA WALLER BAIR OF SKULL BOUND

52 Dutch Oven Cooking Basics

Buying your first Dutch oven & getting started
WHITNEY KLENZENDORF

56 More to Read

Free past digital-only issue

On the Cover >>
RICCA MOUNTAIN @rretzloff
OF WISCONSIN

"Great weekend out on the lake and soaking up the time on the boat! We did some trolling and got in on a great walleye bite. It always amazes me just the simple switch of lure style, color change, or just bumping out or in a few feet, or speed can change a slow bite into a hot bite!"



20% OFF WEBSITE ORDER

COUPON CODE: **ADVS24**

OFFER EXPIRES: 09/30/2024

Valid online only. Not valid in stores or on prior purchases.
Cannot be combined with any other offer. Promotion
only valid in the Contiguous U.S.



SCAN HERE
TO SHOP
OUR PRODUCTS

TRAINING



HUNTING



TRAVEL



WWW.MUDRIVERDOGPRODUCTS.COM



PURCHASE ADVENTURESS

ADVENTURESS
MAGAZINE.COM

Shop

ADVENTURESS

Hunting Gear

Fishing Apparel

Ice Fishing Float Suits

Youth

Dog Products

Outdoor Books

Natural Products

Outdoor-Inspired Jewelry

ADVENTURESS Brand



FOLLOW

Facebook & Instagram:

@ADVENTURESSMAGAZINE

ADVENTURESS

THE ONLY WOMEN'S HUNTING & FISHING MAGAZINE

FOUNDER & EDITOR JENNIFER PUDENZ

ADVENTURESS is a quarterly magazine written by experienced outdoor women with how-to articles anyone can learn from. ADVENTURESS gives outdoor women the credit they deserve, with a special place to share their knowledge and be featured for their accomplishments. Its pages are an inspiration and encouragement to try something new in the outdoors. As an intentionally clean and respectable magazine, it is family-friendly and provides women role models for youth interested in the outdoors.

SUMMER | ISSUE 23

CONTRIBUTORS

NIKKI BOXLER

KHLOE THORSON

AMANDA CALDWELL

ABBY ATOL

JANA WALLER BAIR

WHITNEY KLENZENDORF

SUBSCRIBE

ADVENTURESSMAGAZINE.COM

Subscribe online or mail a check of \$39.99 (one year/four issues) to:

ADVENTURESS

500 E 40th St #7

Hibbing, MN 55746

Address Changes:

Email the new address to jen@adventuressmagazine.com.

Questions: Call 515-205-6514.

ADVERTISE

Email jen@adventuressmagazine.com with information about your business.

ISSN #2835-8333, #2835-8317

Published quarterly by ADVENTURESS, 500 E 40th St #7, Hibbing, MN 55746.

Printed locally in Bemidji, Minnesota by Amity Graphics.

The cover and contents of ADVENTURESS are protected by copyright and may not be reproduced in whole, in part or in any manner without permission. Submitted photos and articles grant permission for any use by ADVENTURESS. ADVENTURESS is not responsible for the content of advertisements in its pages. ADVENTURESS assumes no responsibility for unsolicited photographs and manuscripts. All rights reserved in all countries.

ADVENTURESS TRADEMARK 2024. ALL RIGHTS RESERVED.



The ONLY Women's Hunting & Fishing Magazine!

Created by experienced outdoor women



SUPPORT

ADVENTURESS needs you!

Please help to continue these opportunities for outdoor women and supporting women businesses by **SUBSCRIBING TODAY!**

Makes a **GREAT GIFT** for women and youth involved or interested in the outdoors!

SUBSCRIBE

ADVENTURESSMAGAZINE.COM



FROM THE EDITOR

Jennifer Pudenz



We can forgive because He forgives us

"For if you forgive others their offenses, your heavenly Father will forgive you as well. But if you don't forgive others, your Father will not forgive your offenses." - Matthew 6:14-15

I think part of what I love about the outdoors is how it doesn't judge you. It doesn't matter if you are male or female, young or old, who you are or what you've done - it's going to treat you the same no matter what. Even though that doesn't always work out in our favor (laughs), I

think that's refreshing because we really don't get that in other places and other parts of our lives.

With celebrating another birthday, I've recently been more reflective. I suppose this is typical, but especially since three years ago, my birthday brought new meaning to me as it is also the anniversary of my baptism. In recent years and as I age, what sticks out to me more and more is unconditional love - how rare that can be in today's world, and how truly precious it is when you have it. It's HARD to be judged, and if someone loves you only if you check boxes, act perfect, never have a bad day, never make a mistake, etc. - if you're never allowed to ask questions, share your fears, get upset or too emotional, freely be yourself, etc. - then what does that mean? Does it really even matter?

I'm so grateful for the people, who know who they are, who love me unconditionally, as I make mistakes and am an imperfect sinner like everyone else. I have always been so hard on myself, feeling like I'm failing and not good enough. How amazing our Father in heaven says, "No. Come here - you are a daughter of the King. Lift your head up. I made you. I forgive you. I love you - always." There's no greater unconditional love than from God... (and for you fellow dog lovers, dogs are second - ha!)

How amazing when someone doesn't judge you, loves you, gives you understanding and forgives you, knowing you mean the best and have the best intentions despite the outcome. How I "light up" and change so drastically when I am around people I know love me no matter what and for who I am.

In this, I have also reflected on am I doing this enough? Am I not judging? Am I being forgiving enough when someone makes a mistake? Am I being understanding



enough when someone gets upset or has a bad day? Am I giving them the benefit of the doubt? Am I showing I love them unconditionally? Am I helping them to "light up" and be themselves?

Thank goodness for Jesus who shows us the way. If you don't know what I mean, I hope you

will start by reading a Bible - NOW.

"We love because he first loved us." - 1 John 4:19

And that also goes for forgiveness - we should forgive because He forgives us.

"Just as the Lord has forgiven you, so you are also to forgive." - Colossians 3:13

I'm grateful to those who understand me, forgive me and love me just for being imperfectly me, and I aim to reflect that. It really is true EVERYONE is going through SOMETHING. We all have our struggles, unknown to most people, yet we are so quick to judge, aren't we?

I think most of us can forgive most things pretty easily. However, I think many of us can have that one person or that one thing we just can't forgive. It's extremely hard then, and can actually feel impossible and unthinkable at times. I get it - I wrestle with the same issue, and for this we must focus on God and what he has done for us. For Jesus to die a horrible death on the cross FOR ME so I can be forgiven, and yet I sit here on earth refusing to forgive someone? Talk about perspective.

How gratitude can change our perspective, and knowing Truth that the Lord is working for our good. We can hold tight to this to help us let go, forgive or move on. I encourage you to listen closely to the song, "See a Victory" by Elevation Worship - "You take what the enemy meant for evil, and you turn it for good." Does forgiveness magically happen then? No, but they are steps we must keep taking, keep praying about and keep giving to God.

Here's to unconditional love, forgiveness and year 39.

God Bless,

Jennifer Pudenz



pretty
FAITH
COLLECTIVE VOL 19
ABOVE

FINDING THE GOLDEN THREAD IN EVERY STORY

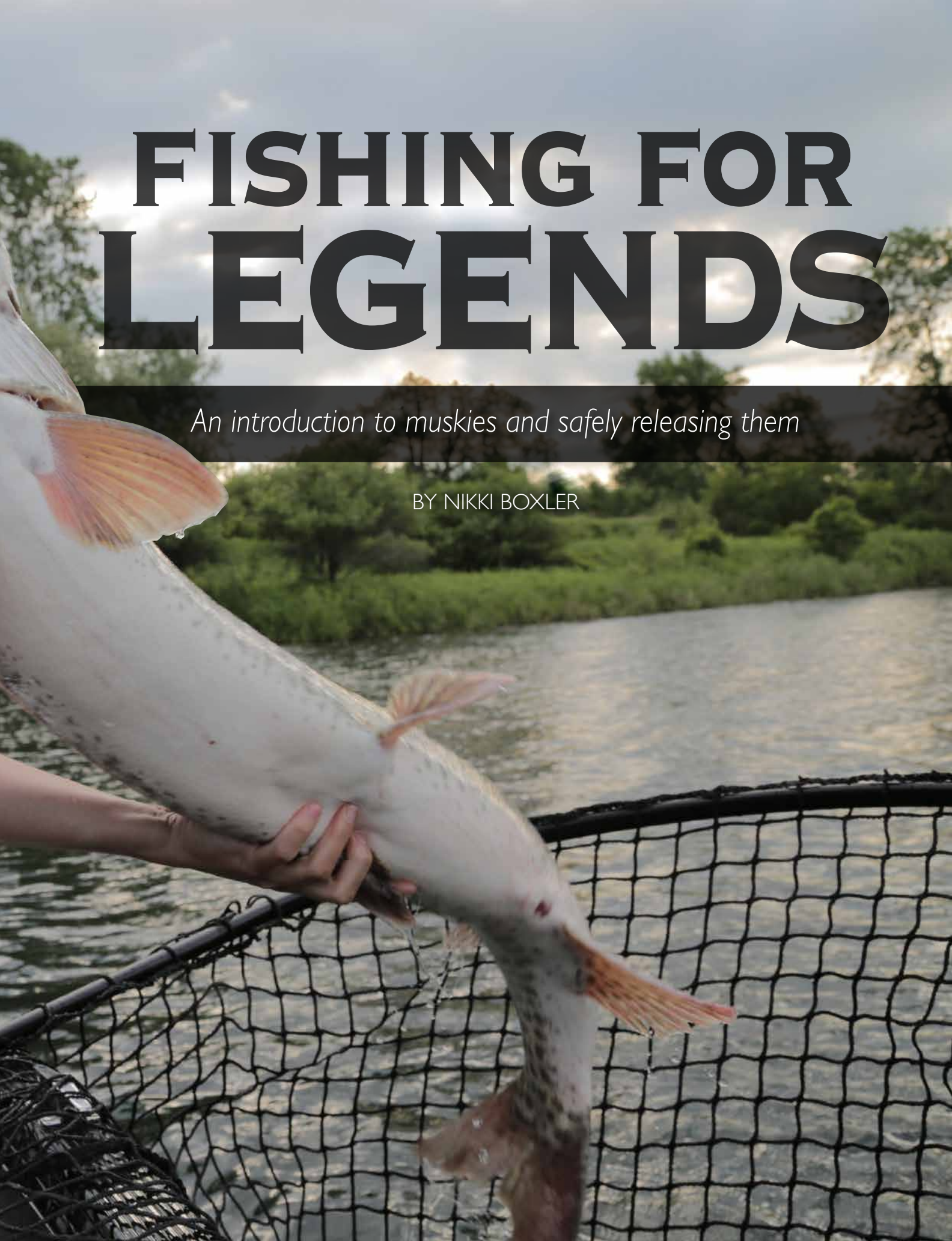
WE TELL THE STORIES OF THE FIGHTERS,
THE SURVIVORS, THE DREAM CHASERS,
AND THE DETERMINED WARRIORS... THE
PEOPLE LIVING WITH FAITH OVER FEAR.

ACCESS OUR FREE DIGITAL EDITION
USING THIS QR CODE OR PURCHASE THE
GORGEOUS COFFEE-TABLE-WORTHY
PHYSICAL EDITION ON AMAZON OR AT
WWW.PURPOSEGRIT.COM





FISHING FOR LEGENDS

A large muskie fish is being held by a person's hands over a black fishing net. The fish is long and slender with a white body and dark spots. The background shows a calm lake with green trees and a cloudy sky.

An introduction to muskies and safely releasing them

BY NIKKI BOXLER



I love fishing for musky! Not only are they my favorite species of fish, they are the ones I primarily target throughout the season. However, if you're looking for easy, non-stop action or want to fill the cooler with fish you can take home and grill, then musky fishing is not for you. If you're the kind of person who enjoys putting in the work and grinding it out for potentially only one fish, this might be just the thing for you!

The muskellunge, musky or muskie, is known as the “fish of 10,000 casts.” I tend to think musky fishing is a lot like bowhunting; it may potentially be hours upon hours of sitting around for just a brief frenzy of action, but once it does happen, the reward is always worth it. Musky fishing is about the thrill of outwitting one of the most ferocious predators in the freshwater world.

The questions I had about musky fishing when I first started are often the same questions I am

asked today. I will cover some of those questions and the basics, so you have an understanding of musky fishing, which will aid you when you finally land your first musky!

Identifying a Musky

When I post photos of muskies on social media, I get a lot of “that’s a nice pike” comments since some anglers have trouble telling these fish apart. They do look and behave much like northern pike - after all, musky

and pike belong to the same family genus and share a lot of similarities. However, there are three basic clues to look for when determining the differences between a northern pike and a pure-strain musky:

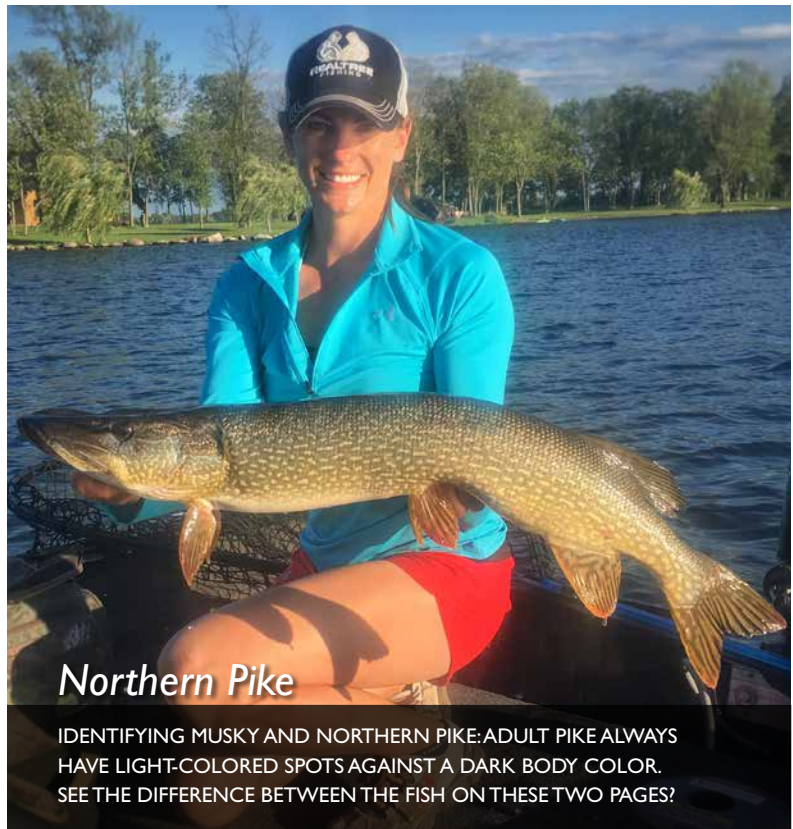
1.) Musky can have barred, spotted or almost no markings at all (depending on which strain they are), while pike almost always have markings on them. For musky, any markings will be darker than the background color of the body. Adult pike have a

pattern of horizontal rows of light-colored round to oval or oblong spots against a dark body color.

2.) Looking at the fins is another easy indicator of whether the fish is a pike or a musky. A musky's pelvic and tail fins have pointed tips, while pike have rounded pelvic and tail fins.

3.) The foolproof way to tell a musky from a pike is to look on the underside of the jaw and count the pores on one side. A musky will have six or more pores on each side under the jaw. A pike will have five or fewer on each side.

Tiger musky, the sterile and stocked hybrid of a pike and musky, may add a little confusion to the matter, but they can be easily identified with characteristics all to their own! Tiger musky display stunning vertical stripes, making it easy to see where they get the "tiger" name.



YOUR ADVENTURE AWAITS

THE ULTIMATE ONTARIO FISHING & HUNTING EXPERIENCE



WORLD CLASS WALLEYE, PIKE AND PERCH. FULLY GUIDED BEAR HUNTS SPRING & FALL.



616.540.4329
FLINTWILDERNESSRESORT.COM



The easiest way to decipher a tiger musky from a musky is the combination of the vertical stripes (similar to a musky), yet rounded pelvic and tail fins (like a pike).

>> NOW THAT YOU KNOW THE DIFFERENCES, CHECK OUT MORE MUSKY VARIATIONS THROUGHOUT THIS ARTICLE, AS WELL AS IN THE READER PHOTOS ON PAGES 20- 21!

Why Release Muskies?

In musky fishing, the release tools are considered the most important components you can own, especially when catch and release is the primary goal amongst the devoted anglers. This reminds me of another question I am often asked, "How do they taste?" I've never eaten one, and here are several reasons why:

Muskies are a long-lived apex predator - they can live upward of

*Generally not eaten,
most state regulations
promote muskies as
a trophy fish.
Ex: Minnesota
currently has a
statewide minimum
size limit of 54 inches.*

15 to 25 years in certain systems, which gives them a longer time to accumulate toxic material, such as mercury in their tissues. In comparison, Chinook salmon (a commonly eaten apex predator fish) can reach adult size within three years, thus accumulating far less toxins. Simply put, if you're

after fish you can eat, there is no sense in choosing musky when you have other far safer and more delicious choices like perch, walleye or crappie!

Muskies also occur in low density - in comparison to other species, musky occur in far fewer numbers, and are therefore, a much more limited recreational resource than other fish. Most state regulations promote their status as a trophy fish with a limit of one.

Ecosystem health is another reason to consider - on top of their recreational value, muskies play a vital role in maintaining the health and balance of the ecosystems in which they exist, and should be respected as such!

For anyone looking to get into musky fishing, please consider investing in a good quality large rubber-coated net, long-handled pliers and quality bolt cutters.



Polarized HD Perfection

See Every Detail - Clearer
Dare to Compare!



15% Reader Coupon: ADVENTURESS15





<< IT'S IMPORTANT TO USE A LARGE NET, SPECIFICALLY DESIGNED FOR MUSKY, WITH A DEEP RUBBER-COATED BAG FOR HANDLING THE FISH.



Essential Release Tools

Big net: Find a net specifically designed for holding musky - it should have a large diameter with a deep rubber-coated bag. The deep bag allows the net handle to be laid over the boat gunwale while keeping the fish safely in the water, which is important in order to ensure safe handling and safe release. Bringing the fish into the boat and letting it flop on the carpet will remove the slime coating that protects the fish, and could increase the likelihood of post-release mortality. This also increases the odds of getting a large hook in your hand or foot! Brands like Drifter Tackle and Frabill offer great musky net options.

Long-handled pliers: If you have ever seen a musky, one of the first things you will notice is their impressive set of sharp teeth serrated on all edges! Therefore, long nose pliers will allow you to safely unhook the fish without your

What's the largest musky record in the United States?

ONE OF THE MAIN RECORDS IS FROM 1949 WITH A MUSKY WEIGHING 69 POUNDS, 11 OUNCES AT 63.5 INCHES IN LENGTH FROM THE CHIPPEWA FLOWAGE NEAR HAYWARD, WISCONSIN. IN THE MUSKY COMMUNITY, MANY ANGLERS BELIEVE THE NEXT RECORD IS GOING TO COME FROM MILLE LACS, MINNESOTA, DUE TO BIOLOGIST SHOCK SAMPLINGS.

hand getting too close to their teeth.

Hook cutters: Oftentimes, hook removal can become difficult after a musky throttles your big wooden jerkbait covered with size 7/0 treble hooks - this is when hook-cutting is absolutely necessary for both your safety and the well-being of the fish. Instead of risking increased time out of the

water and increased damage to the jaw and tissue, cut the hooks when necessary to get the fish released as soon as possible. Hooks are easily replaced, and this is a small price to pay to help ensure that musky can be caught again!

Properly Holding A Musky

A large net is not only beneficial for the fish, but it also gives you a moment to organize the boat after the chaos and prepare for a brief photo opportunity! Before lifting the musky out of the net, have the camera ready and the boat clean of all stray hooks and rods.

When lifting the fish, support the belly with your hand, holding it horizontally close to your body. Do NOT hold them vertically as holding a long fish vertically can cause damage to their bones and organs, possibly resulting in post-release mortality.

Remember to minimize time out of the water. I try to keep it

under 10 seconds: lift the fish, pause for a quick picture or two, and then quickly place it back in the water, holding it by the tail until you feel the fish begin to kick. Do not move the fish back and forth as this can actually hurt the gills.

>> FIND A TARGET LAKE WITH THE HELP OF AN APP, SUCH AS ONX FISH, WHICH LISTS WHAT SPECIES ARE IN THE LAKE, PLUS FISH LENGTH RANGE AND AVERAGE LENGTH.

Where Can I Find Musky?

With a simple Google search online, you can easily find musky-holding lakes and rivers in your area. Before heading out to any body of water, do some minor research and throw a game plan together on how you might want to cover water. Musky can often be discouraging, testing even the

MUSKY LURES ARE LARGE AND NOT CHEAP! PROTECT YOURSELF, YOUR GEAR AND YOUR INVESTMENT WITH LAKEWOOD CASES SPECIFICALLY FOR HOLDING MUSKY LURES.

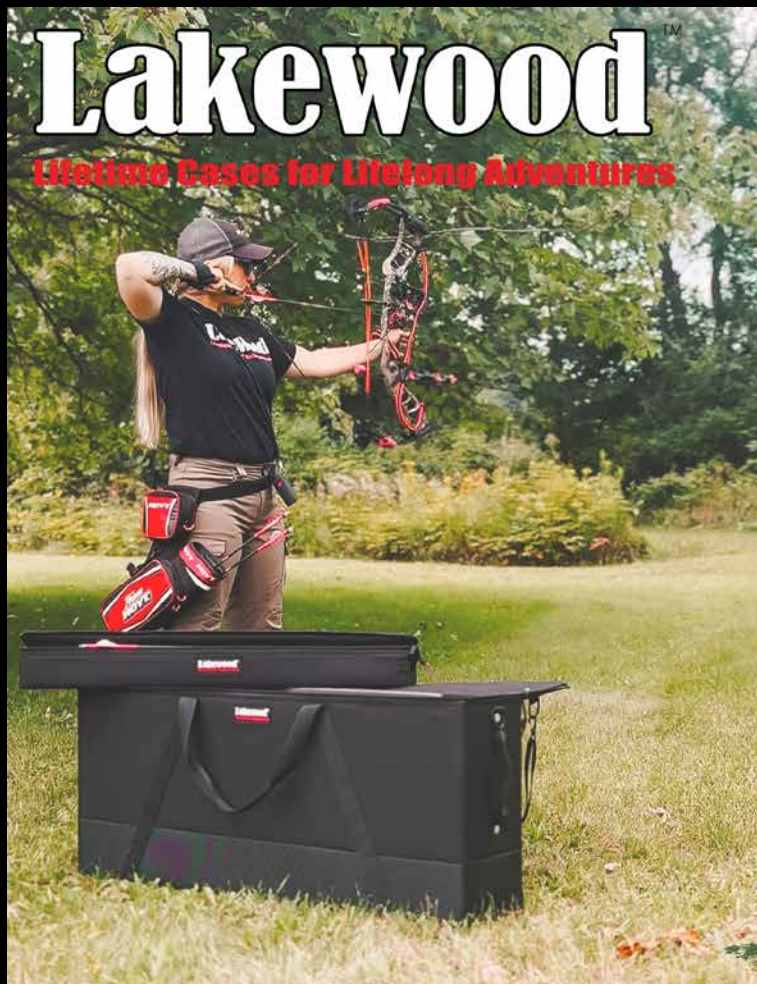
most seasoned anglers, so do not forget it may take several days before even seeing a musky!



Another great option to shorten the learning curve is to hire a guide, but do not hire a guide with the expectation of guaranteed fish. Instead, view it as an opportunity to learn sound fundamentals with the added bonus of possibly connecting with a fish. It doesn't matter if you are a beginner or an advanced fisherman, you will always come back with more knowledge than you started with, which makes it money well-spent!

Knowing the basics will help with being prepared for connecting with that fish of a lifetime. Once you get hooked on the musky bug, you will understand why anglers are so passionate about it! Good luck on the water this summer, and tight lines! ★

~ Nikki Boxler of New York,
www.nikkiboxler.com.





NIKKI BOXLER
WITH ANOTHER
INCREDIBLE MUSKY!



NOTICE THE BODY MARKINGS
AND POINTED TIPS OF THE
PELVIC AND TAIL FINS ON
THIS MUSKY. IN HOW THEY
ARE DIFFERENT THAN PIKE.



MUSKY EDITION

Follow ADVENTURESS on Facebook for photo calls and tag @adventuressmagazine on Instagram to submit photos!







STRIKER™

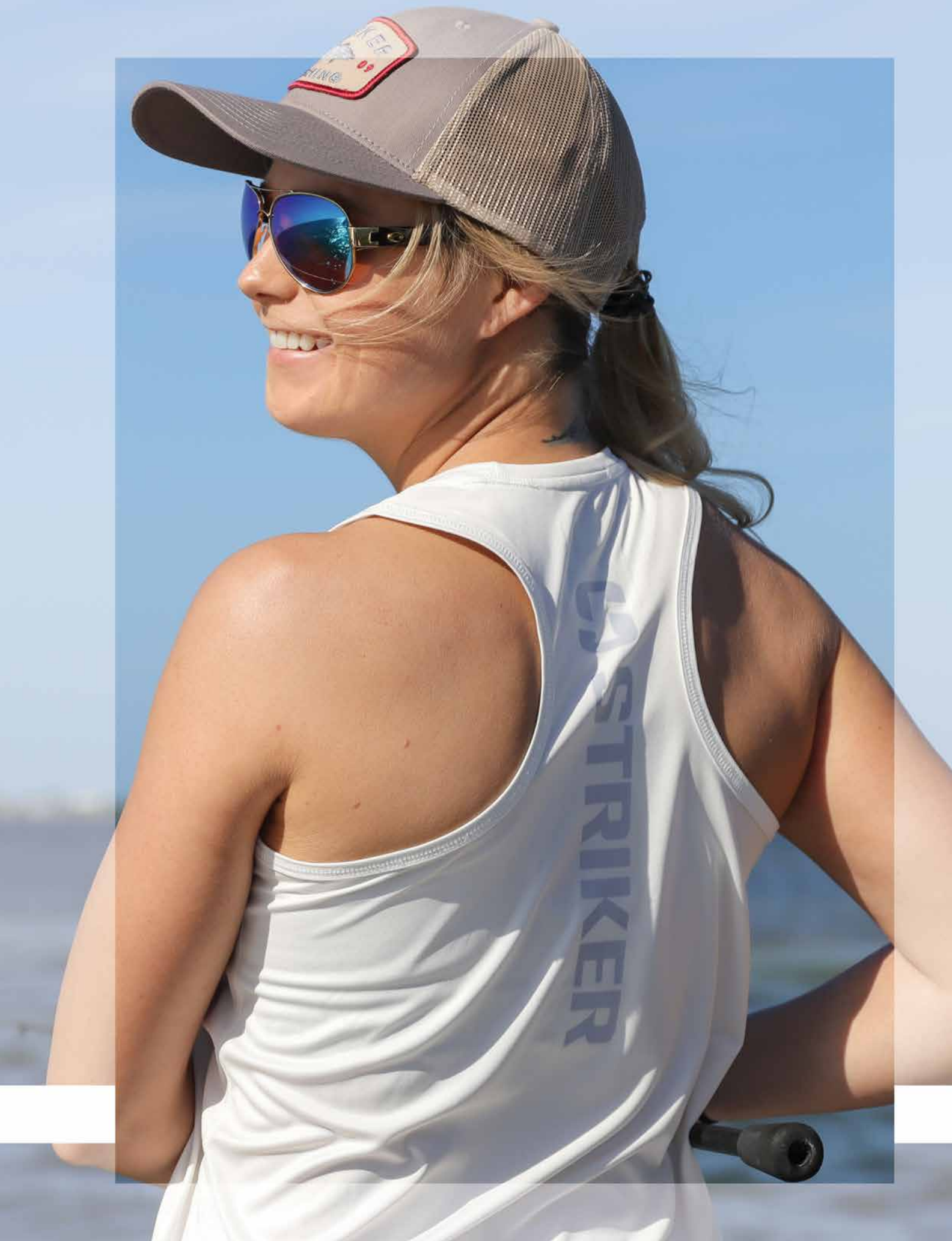
WOMEN'S PRIME SERIES

MADE FOR WOMEN, BY WOMEN



| [STRIKERBRANDS.COM](https://strikerbrands.com) |







The *famous* LINDY Rig

One of the most effective rigs for walleyes

BY KHLOETHORSON | *Khloe's Catch*



This is a special feature by a 12-year-old inspiring fishing writer.

T

he Lindy rig is a basic, yet extremely effective bottom fishing rig for walleyes, as well as it also works for many other species of fish. Fishing industry legend Ron Lindner of the famous Lindner brothers with Al Lindner, Lindy Legendary Fishing Tackle and In-Fisherman magazine, invented the Lindy Rig in 1968, changing the future of walleye fishing. In fact, today the “Lindy rig” is the generic “Kleenex” name for many brands of premade snells. Any walleye fisherman is going to have some version of this rig.

Components

While mainly used for trolling, in which you can cover a lot of ground to find fish, the Lindy rig can also be drifted, dragged and cast. What is so effective about the Lindy rig is it very subtly presents live bait while keeping it in the fish’s strike zone for a longer period of time compared to other presentations. This can make a huge difference in being successful with finicky fish. The Lindy rig consists of a sliding sinker, bead, 2-way barrel swivel, leader of line and a hook, usually featuring live bait. The sinker is

down while the bait rig floats up off the bottom.

A sliding sinker is important as it allows the line to move freely through the slide. The theory is this allows the fish to take line without resistance, so the fish doesn’t feel the weight, making a suspicious walleye drop the bait. A walking sinker, such as the Lindy Walking Slip Sinker, and snag-free sinkers, such as the Lindy No Snagg Slip Sinker, are popular choices.

It’s also important to have different sizes of sinkers, typically 1/8 through 3/4 ounces, as the size

you’ll need can vary from time to time for different reasons. The first reason being depth - if you are fishing in deeper water, you might want a heavier sinker, and a lighter sinker will need more line let out to reach bottom. Bait will also affect your sinker - if you’re using a larger bait, you’ll need a larger sinker. Lastly, current is another factor - if it’s a windy day, you’ll need a heavier sinker versus a calmer day. There are also quick connects, which allow you to change weights easily without having to completely re-tie your leader.



KHLOETHORSON
WITH A WALLEYE
CAUGHT ON A
LINDY RIG WITH
A LEECH.

Next, the bead is a bumper of protection between the sinker sliding and the swivel. You can also add more beads next to the hook for color and style, but also keep in mind more beads add more weight. With the hook and beads, you can also put on a spinner to add color, shine and action, helping to create a reaction bite.

A swivel in the lineup not only acts as a sinker stop, but actually prevents line twist and gives the lure a more natural feel and look. Especially for walleye, having a fluorocarbon leader is important to keep your line undetected by fish. I recommend a 10-pound braided line for your main line with a 10-pound fluorocarbon line, though this will depend on the fish you are targeting, and anglers will have their favorite combinations of preferred main line and leaders.

THE LINDY RIG: SLIDING SINKER BEAD 2-WAY SWIVEL LEADER LINE HOOK

Lindner History

The Lindners did a lot of testing on different hook colors, and they found out pink was the best color of hook. The hook size depends on your bait. Traditionally, an octopus hook from sizes 2 to 6 is used. Ron Lindner recommended 3 feet of leader, but it's common for Lindy rigs to be anywhere

from 2-to-5 feet in length.

You can buy pre-tied snells, also labeled as walleye spinners or walleye harnesses, or make your own. Considering Ron Lindner invented the Lindy rig, the original Lindy Rig brand would be an excellent option. I also like the ones made by Jack's Tackle, owned and run by a fellow local 12-year-old. Northland Tackle makes a very good one as well.

Rod & Reel

For trolling with a Lindy rig, it is important to have a spinning rod and reel setup. The reason for a spinning versus a baitcaster reel is once you have your line out, you actually want to leave the bail open, which is very different from most fishing techniques.

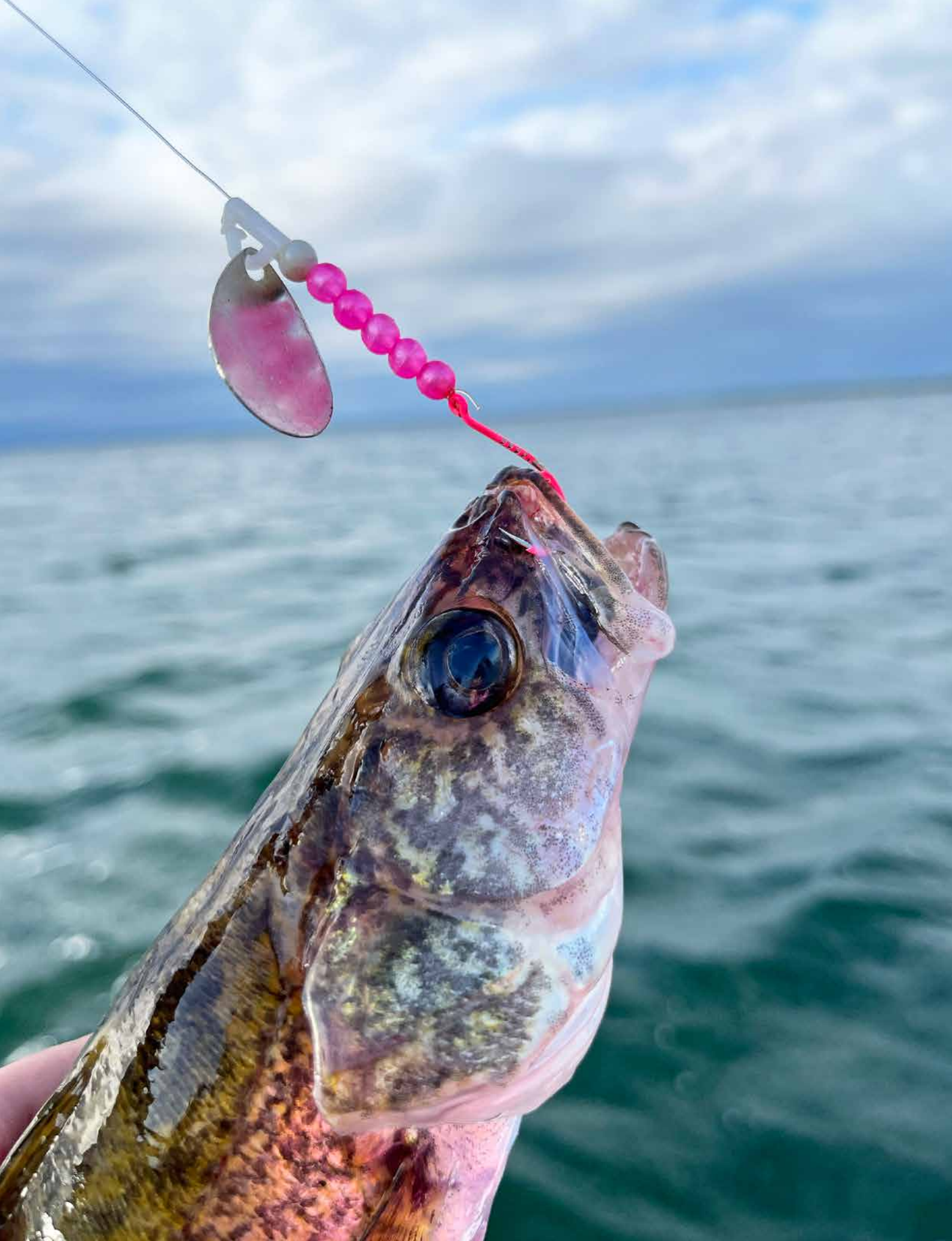
When it comes to the best rods for Lindy rigging,



COME SEE WHAT EVERYONE IS TALKING ABOUT.
DEVILSLAKEND.COM | 800.233.8048

    /devilslakend

devils lake
North Dakota





ABOVE: A BULLET WEIGHT SLIP SINKER, 2-WAY BARREL SWIVEL, 10-POUND FLUOROCARBON LEADER, SPINNER AND SINGLE HOOK WITH A LEECH. BELOW: A LINDY RIG WITH SPINNER, BEADS AND TWO-HOOKS FOR A WORM HARNESS.



I recommend a 7-foot medium-light power (the strength) rod with a fast action (the bend). When it comes down to it, you want a rod you can feel the bite, as well as a longer length to get you a bit further away from the boat since you are trolling.

Live Bait

Anytime you are fishing, it is important to match the hatch and know what the latest bait the fish are wanting. At certain times of the year, walleyes will specifically prefer a worm, leech or minnow over the others. With the Lindy rig, you can present any of these. Some rigs have one hook, others have two hooks - it really depends on your bait. Minnows mainly require one hook, and two hooks are usually used for nightcrawlers.

While we mostly target walleye, you can catch bass, panfish, northern and other kinds of fish.

Night crawlers and leeches work very well for all species of fish. Minnows work well for larger species and eliminate many of the annoying panfish when targeting larger fish. If you use leeches, make sure to give them a “lucky belly rub!”

Though it can be used any time of the year during open water, the Lindy rig is especially a go-to during the heat of summer, and when walleyes tend to switch to wanting leeches. Many say mid-June is a good time for the start of this switch, as fish are moving out of shallow water into deeper areas. It’s also a good reminder walleyes tend to be most active during dawn and dusk.

As with any other fishing technique, location is important. Fishing technology from OnX Fish mapping, fish finders, side imaging, down imaging, live imaging, sonar, etc. helps you

target weed beds, structure, flats and find fish, plus knowing their depths, so you’re most likely to put your bait in front of fish.

Of course, a Livescope is awesome for Lindy rigging. Since I am only 12-years-old, my allowance doesn’t quite cover one (though I borrow my mom’s from time to time). I use a Humminbird Helix 7 that I saved up for, which maps out structure.

Let’s Get Going!

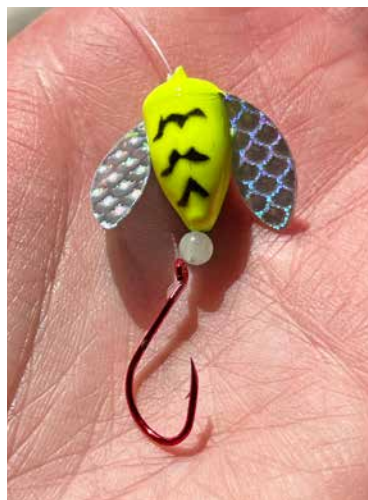
There are a lot of different trolling presentations, such as low and slow, dragging it across the bottom for finicky walleyes. For a more active bite, you can add a spinner and adjust your weight and speed to pull above weed beds, which hold a variety of fish. For Lindy rigging, you should be using your trolling motor less than 1.5 mph or just drift. This is also a great technique for fishing rivers.

OTHER OPTIONS



Lindy Worm Blower

AN ESTIMATED 3 TO 4 MILLION WORM BLOWERS HAVE BEEN SOLD! THIS ALLOWS YOU TO INJECT AIR INTO THE WORM SO IT FLOATS.



Spin-n-Glo by Yakima Bait

THIS NOISE-PRODUCING BUOYANT LURE WITH STRIKE-PRODUCING ACTION CAN PUT AN INTERESTING TWIST ON YOUR LINDY RIG.



Smile Blades

SLOW IT DOWN WITH A ROLLING WOBBLE AND LIFELIKE ACTION FOR A DIFFERENT LOOK THAN A TRADITIONAL SPINNER.

The slower you go, the more of a chance the bait has to rise.

The amount of line you let out depends on the size of the bait and how active the fish are - the bigger the bait, the longer you will let the line out. Remember how I mentioned an open bail? Once you send your line out - again, with enough line for the goal of your weight hitting bottom - instead of closing the bail, keep it open. Continue holding your rod and simply put the line over your finger, so you will feel the line tug if there is a bite. Sometimes the bite can be really light, so without the line on your finger, you might not know a fish is even there. When you feel a fish, lower your rod tip, now close the bail, and then slowly start to lift the rod tip until you feel the fish, preparing for the hook set and the fight!



KEEP ALL YOUR LEADERS ORGANIZED AND IN GOOD CONDITION WITH A SNELL/RIGGER HOLDER.

The Hook Set

Something always up for discussion is the hook set. Missed fish are bound to happen, so it doesn't take long for anglers to

start questioning themselves... Did I set the hook too much, too little, not give enough time or too much time? We've all been there. It's easy for an angler to feel like they need a good, strong hook set like they are used to for other fishing techniques, but that's not for the Lindy rig. Most recommend to count - 1, 2, 3, then do a lighter, sweeping hook set. The hook is going to do the work for you. Too strong of a hook set and you will miss fish.

The Lindy rig is a very effective way to target walleyes and other species. It really is a classic method, and many people who love to fish have been using it for years. So, the next time you're fishing, grab a Lindy rig, drop it down and get ready to hammer on em'! ★

~ Khloe Thorson of Minnesota,
Facebook page: Khloe's Catch.



WELLNESS AWAITS... *Your Journey Begins Here*

Step Aboard, everything is included. Walleye fishing is excellent!



BOOK YOUR LAKE OF THE
WOODS ADVENTURE NOW!



LakeoftheWoodsMN.com



Spot & Stalk

Bowhunting out West for pronghorn antelope

BY AMANDA CALDWELL AND ABBY ATOL





ABBY ATOL
SUCCESSFULLY
ENDING AN
ANTELOPE
BOW HUNT.

Summer is here, and that lingering thought in the back of our minds rises to a whole new level of anticipation because we know hunting season is near. In Montana, archery season for deer and elk opens on the first Saturday in September; however, if you are among the rising number of applicants that put in for an archery pronghorn tag, hunting season starts even sooner on August 15.

It could be for the excitement of getting into the field more than two weeks prior to the September opening fiasco, or the fact you are stalking after one of the most challenging animals to get within archery range. Either way, those who pursue antelope in the scorching August heat are passionate about the pursuit.

Pronghorn, also known as “antelope” or “speed goats,” are commonly labeled as the most difficult North American

animal to spot and stalk archery hunt - and for good reason. In this article, we will discuss the challenges of archery hunting antelope, and go through a few steps we believe you can take to improve your chances of landing this beautiful animal.

The advice and tips you will read is what we have found to work for us in the field. However, you should do whatever works for you, if you are successful that way. Circumstances are different every

time you go out: the wind, time of day, animal wariness, lighting and weather conditions all play a part in how to approach the hunt. Yet, while these variables are ever changing, certain things should stay the same and can help get you into lethal range.

The Pronghorn

Both sexes of pronghorn possess horns; however the horns developed by a doe will seldom exceed ear length, while



the average horn length of a buck is around 15 inches. Facial markings of a buck include a dark brown stripe down the face with a dark, nearly black patch on either side of his jowl. Does only have a small deep brown mark on the lower half of their face.

A mature buck will weigh around 120 pounds with a height at the shoulder of just over three feet, while a mature doe will scale around 90 pounds and stand less than three feet in height. Pronghorn have an oversized windpipe, heart and lungs, which allows them to breathe in an abundance of air when they are on the go.









AMANDA CALDWELL
WITH AN ARCHERY
ANTELOPE.



Having these features, along with their light bone structure, is why antelope are capable of reaching speeds of up to 60 mph. With their exceptional lung capacity, antelope are able to maintain speeds of 40 mph for several miles.

Before the Hunt

Practice shooting from a variety of positions such as sitting, leaning and kneeling, as well as holding your bow at full draw for an extended length of time. Also, get comfortable shooting from longer distances. Your biggest supporter in the field is your confidence.

If hunting with a partner or group, agree on a plan and some hand signals before the hunt. Solo antelope hunting is fine, but having a partner is great when you get in close to shooting range.

Challenges

There are two main challenges of spot and stalk antelope hunting: antelope can see very far (8-10 zoom) and have a wide peripheral vision.

This makes sneaking up on them extremely difficult. Plus, the terrain where antelope reside has low to no cover. Many antelope in Montana contain themselves to open fields so they can see any danger.

You are not likely to shoot an antelope with a bow on your first, second, third and so on, time out. This does not mean you are failing - it just means you are gaining the experience necessary to conquer your hunt.

Target Acquired

First off, it is easier to hunt the lone buck than it is to hunt the buck with a herd of does. With antelope having great eyesight, hunting a herd of them is just adding more and more (unnecessary) difficulty into your spot and stalk hunt.

If you miss a chance at a

*The archery success
rate for antelope
hunters is under 30%
across the board, and
it's usually lower for
non-resident hunters.*

-BOWHUNTING.COM

shot, that means you succeeded in getting close enough to shoot. Good on you! That is not a failure; again, it is just more practice. If you spooked a herd, it just means you learned the hard way how easily these animals spook.

Crawling through prickly bushes in the blazing heat with

rocks digging into your knees is tough. Be ready for that, as well as an aching lower back, from creeping along open terrain. It is all worth it to get in position for a shot on your pronghorn.

With that being said, if there is no chance of getting close to an antelope, instead of spooking it, consider it a lost cause and move on. There will be more antelope, and if you really need that one, leave it until circumstances are leaning more your way.

Getting Closer

Sagebrush is my friend during antelope season. Combined with the right camo (we wear SITKA Gear) and your skill to be still, to the antelope, you are sagebrush too. Antelope are unlike deer because they are not on a schedule.

This patented lock bar system utilizes your tailgate latches to safely secure your loading ramps without any tie downs, straps or chains.



**SECURELY
LOAD YOUR
TOOLS
& TOYS**

**SNOWMOBILES
ATVs ■ MOTORCYCLES
GOLF CARTS ■ LAWN
EQUIPMENT & MORE!**

CLAMPARAMP.COM





- PUT IN THE TIME
- HUNT THE LONE BUCK
- STRIVE FOR SUCCESS
& PREPARE TO FAIL
- BE PREPARED TO
CRAWL & USE COVER
- MAKE MOVEMENTS
WITH PURPOSE
- BE PATIENT
- PRACTICE DISTANCE &
AWKWARD SHOTS
- USE A RANGEFINDER



They wander around throughout the day, bed down whenever they want and drink whenever they want. As long as you do not spook them, most likely they will not go anywhere. So take your time. Move with purpose.

Binoculars are an extremely necessary tool in locating your antelope. If you can use cover and keep an eye on the antelope, that is great; however, when you get within shooting range, forget the binos and watch their movement through your rangefinder. We suggest this even if you are great at estimating distances.

After the Hunt

As soon as you shoot an antelope, the most important thing that needs to be done is getting the skin off of the meat - after that, the meat needs to come off of the bone. Antelope will taste gamey and “sagey,” if not properly taken care of. Because pronghorn archery season takes place during the summer heat, the meat also needs to be put in a cooler as soon as possible.

Be prepared for this success ahead of time. There are many great video tutorials online on how to quarter and skin in the field, as well as how to cape your buck. If you’re carrying a cape for a mount in the same cooler, keep the cape dry in a trash bag so it stays clean.

While antelope can be harvested from a ground blind at a water hole or with a gun instead, we sure love to spot and stalk hunt them with a bow. We hope this article gives you some extra confidence going into the field, and raises excitement for women in the sport of bowhunting. Good luck on your antelope hunts this season! ★

~ Amanda Caldwell & Abby Atol.



ELK

HUNTING BASICS

Preparing for an epic journey to hunt elk

BY JANA WALLER BAIR | SKULL BOUND CHRONICLES

There are very few sounds in the wild that rival the intensity of a bull's guttural bugle echoing through the lodgepole forest. Many hunters yearn all summer for the cold fall mornings where the air is filled with the smell of changing leaves and rutting wapiti. Long before the expansion of the West by settlers, elk have been roaming the North American continent for thousands of years. Many Native American tribes honored the elk with painted pictograms and carved petroglyphs on cave walls and utilized all parts of the elk for food, clothing, tipis and tools. They are immense, magical animals that dreams are made of, and who will humble even the most seasoned hunters.

Check Regulations Early

Being prepared is the key to any hunt. While that may sound quite obvious, there are facets of elk hunting that you'll want to be aware of before the hunt to avoid frustrations once it gets closer,



such as checking the regulations. Many states have varying regulations, which often change. It's critical that you are LEGAL. Some states have poundage and bow length regulations if you are archery hunting elk. For example, Montana, a very popular state for public land elk hunting, requires your bow to be at least 28 inches long in total length and your arrow must weigh no less than 300 grains with the broadhead attached. In South Dakota, you must pull a draw weight of at least 40 pounds for elk, but some states require 50 pounds.

Also, double check to see you have all of that state's required licensing. It's possible you'll need an archery license in addition to your regular hunting license. Thoroughly read the latest regulations for the unit you are hunting. Some units allow the

harvesting of spikes and cows, while others require bulls to have brow tines to be legal to shoot.

If you're rifle hunting, make sure to check the blaze orange laws. It's also important to be comfortable with your gear. Know your capabilities in terms of shot distance for either bow or gun. Practice may not always make things perfect in elk hunting scenarios, but there's no such thing as too much time at the target range.

Elk Communication

Calling, unlike many other big game hunts, is a pivotal part of elk hunting, but that's a whole other article if we were to get into the intricacies. While calling is primarily used in the early season rut, I've also called in bulls during rifle season and found success thanks to using both bugles and cow calls.

There are a lot of different scenarios that can occur when it comes to elk communication, but the basics are bull bugles, and cow or calf calls. You'll need to be able to produce a nice bugle for locating the herd. It certainly doesn't need to be perfect, but the more realistic you sound, typically the better response you'll get. If fired up, they'll typically respond to a bugle and oftentimes come to check out the competition.

Bulls are territorial of their harems and will often wonder who's trying to steal their ladies. If you're on the tail end of the herd and the wind is good, you can let out a few cow mews, causing the bulls to wonder if they've left a cow behind and come investigating. There are some fantastic videos on Youtube that will show you the ins and outs of elk talk. Look up Pursue The Wild with Kristy Titus,







Corey Jacobson or Born And Raised Outdoors - all of them are veteran elk hunters, great callers and their videos are instructional and well-produced.

Layer Up

Mother Nature can be quite temperamental in the mountains with the weather changing quickly. It's so important to be over-prepared in terms of clothing. Luckily, technology in hunting clothing has exploded in recent years, and it's one area where I recommend spending a bit more money to stay comfortable, dry, warm, and even

cool, when you need it.

I personally have worn Kryptek hunting gear for years, and it's proven to be incredibly reliable and durable in the harshest of conditions. I recommend getting a merino wool base layer system and taking enough layers to stay warm during the cold, crisp mornings. A well-made rain gear set is a must for your backpack since the cold rain can deplete your core body temperature quickly and ruin a hunt in one downpour.

My typical elk hunting kit from inside to the outside layer includes: merino wool base layers, medium-

weight pants, long sleeve top, sherpa-style hoodie and outside jacket with an added vest to keep the core warm. If it gets extremely cold, I add on a lightweight, but incredibly warm, packable jacket, which stores easily in my pack. A scarf to keep the heat in around your neck, wool hat and good gloves are essentials as well. Keep them in your pack, even if it seems to be nice out. They've saved me from many cold, miserable days in the mountains.

Same goes for your footwear - spend a bit more and you'll get more - including waterproofing, good soles, ankle support and warmth. I've put the women's Kenetrek Mountain Extreme boots through every test imaginable during the past seven years and they've proved to be an incredible boot for me.

Just in Case

Elk are tough animals. They live in tough terrain. You can expect to be in the middle of nowhere while chasing elk, especially if you are hunting public land. I always carry a small emergency kit in my pack in case of minor injuries. My homemade kit includes ibuprofen, baby aspirin (for the beginning symptoms of a heart attack), liquid stitches, Band-aids, gauze, Benadryl, flint, fire starter, lighter, cough drops, hot hands and an emergency blanket. This kit doesn't weigh much, and will come in handy for those minor bumps and bruises.

If you are going into the backcountry, I would also recommend a Garmin inReach global satellite device, in case you need to make an emergency call. The prices have come down in recent years, and typically, they come with text messaging via

satellite (subscription required), SOS to the 24/7 search and rescue center, downloaded maps, weather forecasts and GPS. No one ever expects an emergency to occur, but if you're going off the grid, it's best to be prepared.

In conjunction with an inReach, you can use the onX Hunt App on your smartphone. This app is a must on public land to guide you and aid in your hunt. You can look at boundaries, view topography, mark your truck or base camp, and even send waypoints to your hunting buddies. Plus, the maps can be downloaded or cached in when you have service before the hunt, if you're going to be areas with limited cell coverage.

If you're hunting in bear country, remember your bear spray. Whatever you do, don't put it in your pack. Have it accessible

*If you're hunting
in bear country,
remember your bear
spray. Whatever you
do, don't put it in
your pack. Have it
accessible where you
can easily get to it in
the blink of an eye.*

where you can easily get to it in the blink of an eye. In Montana, we have spotted and filmed as many as eleven different grizzlies during a single elk hunt. There are areas that are littered with bears,

and you need to be bear-aware, as where there are elk - there are most likely bears. Carry spray, especially if you're in grizzly territory. I carry spray on one hip and a Glock 10mm on the other.

Put Your Back Into It

If you're not hunting with a guide or outfitter, you'll need to be prepared for the real work, which happens after the shot. On average, a field-dressed bull elk weighs 500 pounds, yielding approximately 250 pounds of meat that you'll need to get off the mountain quickly and efficiently. Add on another 50 pounds for the head and hide, depending on the size of course. You will definitely want a backpack that can not only hold that amount of weight, but is comfortable for you on what could be a long and demanding hike off the mountain.

BIRCH

BOTANICALS

Handcrafted Herbal Remedies & Organic Skincare

Organic &
Wildcrafted
Ingredients



Made in
Minnesota

www.BirchBarkBotanicals.com









JANA WALLER BAIR WITH ANOTHER SUCCESSFUL HUNT. THE TRUE TROPHY IS THE MEAT THAT YOU, YOUR FAMILY AND FRIENDS WILL SHARE.

I recommend finding a pack that has the capability of such hauls, but also fits your torso correctly. I use an Eberlestock pack, which can be expanded to hold as much as I can carry.

Skinning knives, a sharpening tool, gut gloves and game bags also make your job a lot easier. Make sure you take plenty of drinking water and snacks to help give you energy for the pack out as well. And if you're going back to base camp, unable to get your meat into a freezer quickly, have a large cooler with ice that can

handle your precious cargo. In my opinion, the true trophy is the delicious, organic meat that you, your family and friends will be dining on all year-round.

Hopefully you found some helpful tips in this article for your own elk hunting adventures. You can watch some of my recent adventures through Skull Bound Chronicles for FREE on Carbon TV at carbontv.com. ★

~ Jana Waller Bair of Skull Bound TV and Skull Bound Chronicles, skullboundchronicles.com.

MAKE A LIST AND CHECK IT TWICE!

All of us live hectic, busy lives, and that's why making lists come in handy. I have a variety of prepared lists for different hunting trips depending on the location, animal and season, but here is my basic gear list for what I will need in the field for big game hunts:

- ☐ binoculars
- ☐ spotting scope
- ☐ water
- ☐ water bladder
- ☐ water filter
- ☐ rain gear
- ☐ wind checker
- ☐ range finder
- ☐ calls
- ☐ knife
- ☐ sharpener
- ☐ game bags
- ☐ emergency kit
- ☐ release or ammo
- ☐ snacks
- ☐ Jetboil cooking system
- ☐ gloves
- ☐ wool hat
- ☐ camo paint
- ☐ headlamp
- ☐ fire starter

Of course, if you are doing a backcountry-style hunt, you'll want to make a base camp list for all your tenting needs. Make your lists, and check 'em twice!

A close-up photograph of a Dutch oven with a black metal lid. The lid is covered with several pieces of glowing red and orange coals, indicating it is being heated over a fire. The background is dark and out of focus, showing more of the fire and the structure of the oven.

DUTCH OVEN COOKING BASICS



BY WHITNEY KLENZENDORF

The Dutch oven is a favorite among those who love cooking, as well as those who love the outdoors. So I wanted to share a few basics about Dutch oven cooking. It is an easy-to-acquire skill, and comes in handy while camping or using coals from your backyard barbecue.

So, what exactly is Dutch oven cooking? A Dutch oven is a heavy, thick-walled, durable pot made of cast iron, and includes a lid, with a method of cooking by placing hot coals under and/or on top of it. Being made with cast iron, a Dutch oven gets hot and stays hot, while maintaining temperature effectively. This makes it ideal for a wide variety of cooking techniques, such as braising, stewing, browning, roasting, frying and baking... yes, even cake, pie, biscuits and bread all from your campfire (or on a grill grate)!

It's a tradition as old as Texas, dating back in pioneer days, when people needed to cook hearty meals on the trail and didn't have time for lots of steps and 99 pieces of equipment. By nature, Dutch oven cooking is about simplicity and comfort food.

Buying Your First Dutch Oven

There are many variations of Dutch ovens, and while you can use Dutch ovens inside your house on the stovetop or in the oven, we are going to focus on the outdoors for this article. My Dutch oven has legs, which is the sign of an oven for the fire, as that allows you to stand it up over the coals. For the fire, a flat cast iron lid is also best as you can even use it as a skillet itself.

Decide what size of oven to purchase based on how many people you will usually be cooking for. Or, give it a shot in the dark and buy the 12-inch like I did many years ago. Typically, they range from 8-inch to 16-inch in sizes. Twelve-inch is perfect for four to eight people; however, if you're just cooking for two, I would consider getting the 10-inch. You can even have multiple sizes and stack your Dutch ovens while cooking.

You can buy old or new when it comes to Dutch ovens, but either way, plan to become best friends with your oven... you're looking at a lifelong relationship here! They last forever, and when you get yours just right - it kind of feels like a trusted sidekick.



Starting the Seasoning

Cast iron naturally develops a patina or “seasoning” over time, which enhances your cooking flavor. When you first get your oven home, rinse it, dry it well and coat the inside with bacon grease, vegetable shortening or cooking oil. I recommend the grease. Pop it in the oven for 30 minutes at 300 degrees. Repeat this process once more. This starts developing your seasoning.

Keep It Simple

There are many ways you can cook with a Dutch oven. However, simple recipes taste just as good, and allow you more time to relax and enjoy the outdoors. The last thing you want to be doing while all of your compadres are telling stories around the campfire is worrying about where you put the arugula. Tip: Pre-measure ingredients at home and store them in Ziploc bags.



Caring for Your Dutch Oven

The main care to always remember for your Dutch oven is never to leave it wet to dry. Like all cast iron, you’ll always need to dry it in the fire or oven if you rinse it after cooking - otherwise, it will rust.

For the most part, do not use soap when cleaning your Dutch oven. Just a quick wipe after cooking is usually all that is needed. Scrub off stuck-on food with just a brush and warm water, as using soap can ruin the seasoning. However, small amounts of modern soaps are usually safe and can help to remove food residue if needed, and you can also re-season.



Storing Your Dutch Oven

Store your Dutch oven in a dry place with the lid ajar or with a cloth towel under the lid. I have a designated towel and oven mitts as my official D.O. equipment, and I store it all together in a closet. I don’t want to take my nicer towels and mitts, as they will get ashes on them. Plus, when I need to pack for a trip, this stuff is already all together. Enjoy your food and time outside! ★



~ Whitney Klenzendorf of Texas,
WhitsWilderness.com.

10 Essential Dutch Oven Cooking Tools

Dutch Oven Lid Lifter - The lid gets HOT - too hot to handle.

Leather Gloves - Heavy gloves are a good idea. While you could use thick oven mitts, likely you'll get ash on them, so leather gloves are better, as well as give you that classic "camp cook" look.

Long Stem Lighters - Do not fight with short lighters or matches.

Charcoal Briquettes - Most recipes will tell you how many charcoal briquettes to put under and on top of the oven. This is the easiest way to cook since every coal is similar and

consistent. Stick to the same brand as different brands of charcoal give off different amounts of heat. However, you can also use coals from your campfire wood.

Recipes - While there are recipes online, I encourage you to unplug and support your favorite Dutch oven or cast iron chefs by buying their cookbook!

Chimney - A charcoal chimney starter is the easiest way to get your coals heated up. While you don't have to have one, you'll be thankful to have one.

Dutch Oven Lid Stand - Keeps your lid out of the dirt/ash.

Heavy Duty Cake Tin - Pop this in the oven for stickier or more acidic dishes, and you won't have issues with food sticking and/or ruining your cast iron seasoning. Plus, you can cook one dish in this, serve it, and start on another dish without having to clean your oven in between. Make sure you get this smaller than the width of the oven!

Heavy Duty Foil - Keywords here are "heavy duty." This is a luxury for cleaning and serving.

Carrier Bag - Soot is hard to fully get off. A carrier bag is great so you don't get ashes over all your other items while packing!

NEXT LEVEL CAMPFIRE MEALS

Imagine gathering around a campfire with your camping companions and enjoying delicious meals this summer. Lehman's can help you make it happen.



FOR A SIMPLER LIFE

LEHMANS.COM • 800-438-5346

On the Square in Kidron, OH • Open every day except Sunday





< FREE PAST DIGITAL-ONLY ISSUE

SUBSCRIBE FOR MORE AT
ADVENTURESMAGAZINE.COM

ADVENTURESS

THE ONLY WOMEN'S HUNTING & FISHING MAGAZINE



GIVE US A TRY!

WE'RE FUN. WE'RE FRIENDLY. WE GET RESULTS!

Amity Graphics offers fun, cost effective solutions for promoting your group, event or business. We specialize in custom printing your message on stylish outdoor clothing, gear and other custom items.

GET NOTICED IN THE GREAT OUTDOORS!



PROUDLY PRINTED BY



DESIGN . PRINT . PROMOTIONAL PRODUCTS . SIGNS
218.444.2526 | WWW.AMITYGRAPHICS.COM